\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Ежедневное меню для обучающихся 1-4 классов**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Школа | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Отд./корп | \_ |  |  | День | \_\_\_\_\_\_\_\_\_\_ |
|  |  |  |  |  |  |  |  |  |  |
| **Прием пищи** | **Раздел** | **№ рец.** | **Блюдо** | **Выход, г** | **Цена** | **Калорийность** | **Белки** | **Жиры** | **Углеводы** |
| Завтрак | гор.блюдо | \_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_\_ | \_\_ | \_\_\_\_\_ | \_\_ | \_\_ | \_\_ |
|  | гор.напитокг | \_\_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_\_ | \_\_ | \_\_ | \_ | \_ | \_\_ |
|  |
|  | хлеб | \_\_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_ | \_\_\_ | \_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_\_ |
|  | \_\_\_\_\_ | \_\_\_\_\_\_\_ | \_\_\_\_\_\_ | \_\_\_ | \_\_ | \_\_ | \_\_\_ | \_\_\_ | \_\_\_ |
|  |  |  |  |  |  |  |  |  |  |
| Завтрак 2 | фрукты | \_ | \_ | \_ | \_ | \_ | \_ | \_ | \_ |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Обед | закуска | \_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_ | \_\_\_\_ | \_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_ |
|  | 1 блюдо | \_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_\_ | \_\_\_\_\_ | \_\_\_ | \_\_\_ | \_\_\_ | \_\_ |
|  | 2 блюдо | \_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_\_ | \_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_\_ | \_\_ | \_\_\_\_ |
|  | гарнир | \_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_\_ | \_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_ | \_\_\_ | \_\_\_\_\_ |
|  | сладкое | \_ | \_ | \_ | \_ | \_ | \_ | \_ | \_ |
|  | хлеб бел. | \_\_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_ | \_\_\_ | \_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_\_ |
|  | хлеб черн. | \_\_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_ | \_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_ |
|  | \_\_\_\_\_\_\_ | \_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_\_ | \_ | \_\_ | \_\_\_ | \_ | \_\_ |
|  |  |  |  |  |  |  |  |  |  |